

# Drinking Water Disinfection Byproduct Pharmacokinetics: Linking Brominated Trihalomethane Exposure to Health Effects

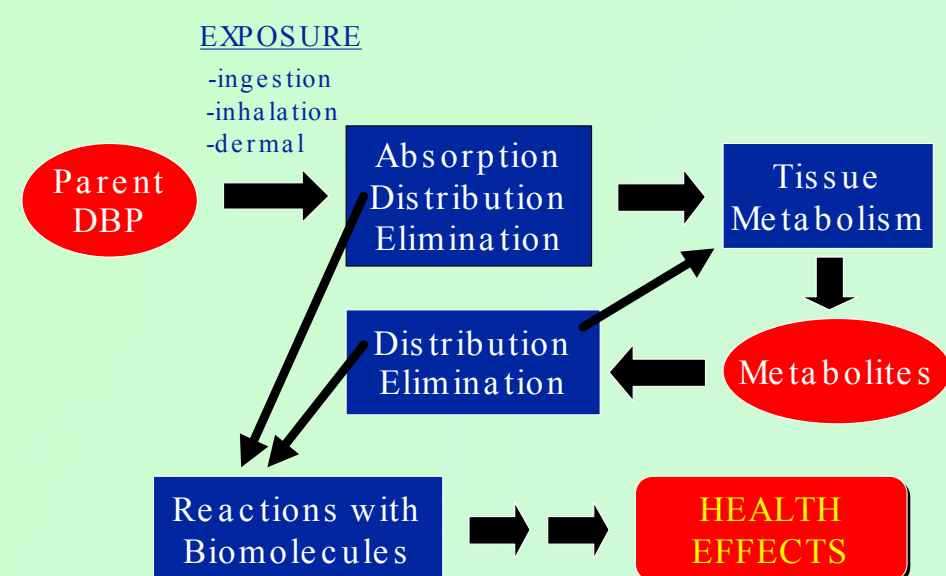
Rex A. Pegram<sup>1a</sup>, Matthew K. Ross<sup>2</sup>, Teresa L. Leavens<sup>1b</sup>, John W. Allis<sup>1a</sup>, Larry D. Claxton<sup>1c</sup>, David M. DeMarini<sup>1c</sup>, Guangyu Zhao<sup>2</sup>, Ben C. Blount<sup>3</sup>, Tracey M. Ross<sup>1a</sup>, and Sarah H. Warren<sup>1c</sup>

<sup>1</sup>National Health and Environmental Effects Research Laboratory, Office of Research and Development, U.S. EPA, Research Triangle Park, NC; <sup>a</sup>Experimental Toxicology Division, <sup>b</sup>Human Studies Division, <sup>c</sup>Environmental Carcinogenesis Division; <sup>2</sup>Curriculum in Toxicology, University of North Carolina, Chapel Hill, NC; <sup>3</sup>Centers for Disease Control, Atlanta, GA

## Key Issues for Brominated THMs

- BrTHMs are among the most prevalent disinfection byproducts (DBPs) in drinking water
- Bromodichloromethane is the most potent carcinogen among the THMs in rodents
  - Colon and renal carcinomas in rats
  - Kidney and liver tumors in mice
- Concordance of epidemiological and animal research findings (colon cancer and reproductive toxicity)
- Mutagenicity/genotoxicity of BrTHMs:
  - GSH-dependent metabolic pathway
- Identification and description of pharmacokinetics and key events/pathways
  - Compare rodents and humans

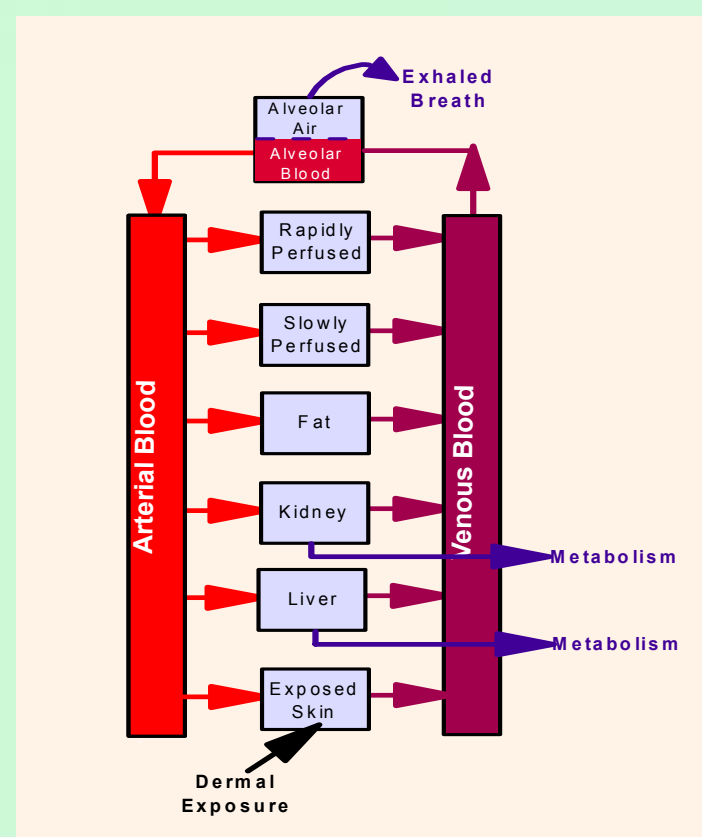
## DBP PHARMACOKINETICS



## RESEARCH OBJECTIVES

- Development of physiologically based pharmacokinetic (PBPK) models for bromodichloromethane (BDCM).
- Evaluate BDCM pharmacokinetics in humans, including *in vivo* exposures and *in vitro* metabolism by key enzymes.
- Characterize the mutagenic glutathione transferase theta pathway, including studies of the DNA reactivity of intermediates.
- Assess the relationship of CYP2E1 and GST T1-1 as competing pathways in target tissues for BDCM-induced cancer.

## PHYSIOLOGICALLY BASED PHARMACOKINETIC (PBPK) MODELING FOR BROMODICHLOROMETHANE



## Selected PBPK model parameters for BDCM and chloroform

Parameter	BDCM	Chloroform <sup>a</sup>
<i>Partition Coefficients</i>		
Fat/Air	526	203
Liver/Air	30.6	21.1
<i>Metabolic Constants</i>		
V <sub>maxc</sub> (mg/hr/kg)	12.8	6.8
K <sub>m</sub> (mg/L)	0.5	0.5

<sup>a</sup>Corley et al. (1990) Toxicol. Appl. Pharmacol. 103, 512.

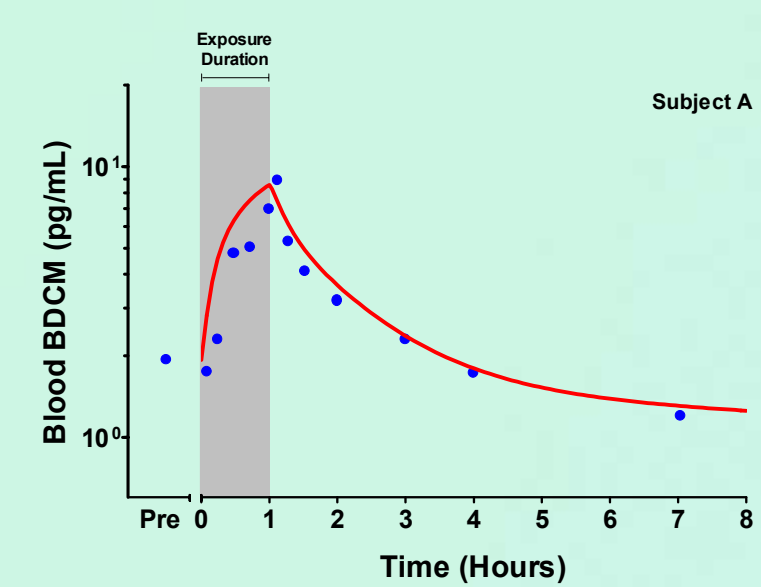
## BDCM Rat Model Summary

- Higher partition coefficients demonstrate greater tissue uptake of BDCM compared to chloroform
- BDCM is metabolized to reactive intermediates at a faster rate than chloroform
- The model was able to accurately predict:
  - Blood and tissue concentrations of BDCM after oral and inhalation dosing
  - Metabolite (bromide ion) production after dosing

## BROMODICHLOROMETHANE PHARMACOKINETICS IN HUMANS



PBPK modeling of human blood BDCM concentrations during and after dermal exposure



## In Vivo Exposure Summary

- Volunteers were exposed either dermally or orally to water containing BDCM at a level normally found in finished drinking water.
- Significantly higher blood concentrations of BDCM were attained with dermal exposure than with oral consumption (40 -100 -fold difference).
- An initial PBPK modeling effort was able to predict the blood concentration profile.

## IN VITRO METABOLISM

### Summary of Metabolic Constants for Recombinant Cytochrome P450's

Isoenzyme	Metabolic Parameter <sup>a</sup>			
	Human		Rat	
	K <sub>m</sub>	k <sub>cat</sub>	K <sub>m</sub>	k <sub>cat</sub>
CYP2E1	3.5 (0.5)	2.3 (0.1)	4.6 (0.3)	3.5 (0.1)
CYP1A2	94 (29)	4.6 (0.7)	355 (109)	19.8 (4.4)
CYP2A6	206 (62)	1.4 (0.3)	— <sup>b</sup>	—
CYP3A4	238 (44)	16.6 (1.9)	—	—
CYP2B1	—	—	127 (16)	0.89 (0.06)

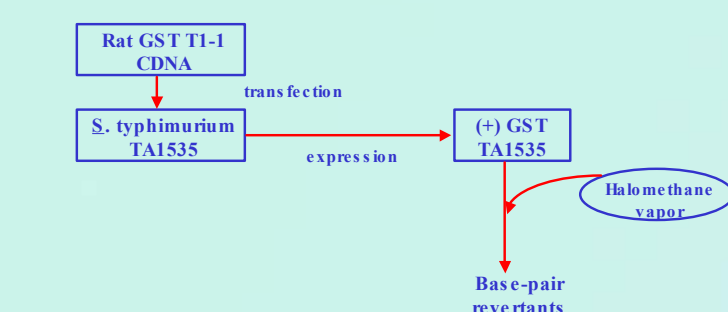
<sup>a</sup> Units of K<sub>m</sub> and k<sub>cat</sub> are μM and mol BDCM/(mol P450 · min)<sup>-1</sup> respectively.

<sup>b</sup> Enzyme not present.

- The kinetics of CYP2E1-mediated BDCM metabolism are similar in humans and rats.
- We discovered that CYP1A2, CYP3A4, and CYP2A6 also metabolize BDCM.
- BDCM was not metabolized by human CYPs 2B6 and 2D6 or by rat CYPs 3A1 and 2C11.

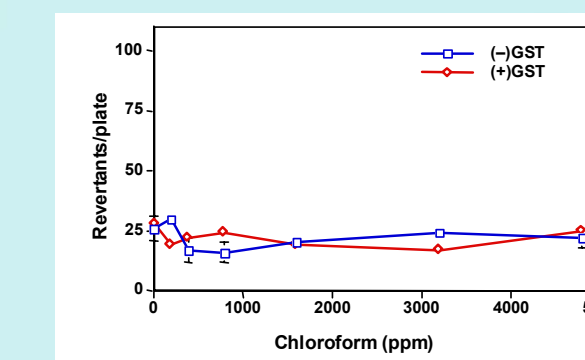
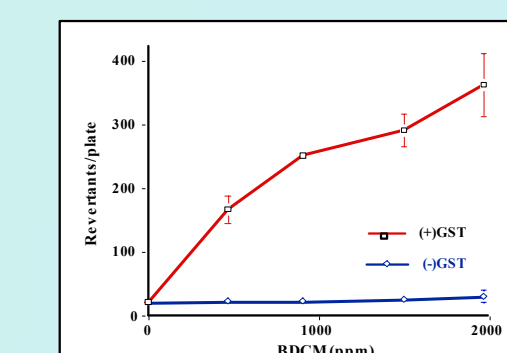
## DISCOVERY AND CHARACTERIZATION OF A GENOTOXIC METABOLIC PATHWAY FOR BROMINATED THMs

### GSH S-transferase Salmonella TA1535 Mutagenicity Assay System

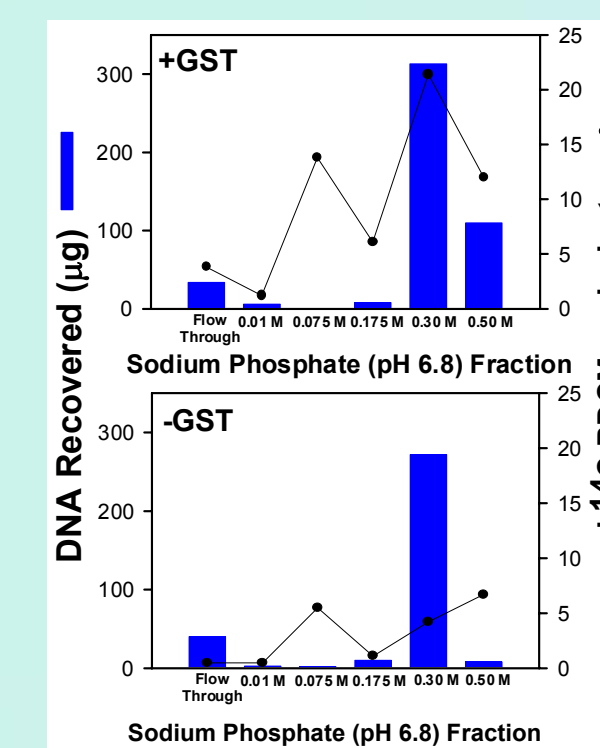


- BrTHMs, but not chloroform, are metabolized to mutagens by the GST-theta enzyme.
- CHBr Cl and CHBr<sub>2</sub> are more potent mutagens in this assay than BDCM.
- Relative potency corresponds with ability to induce preneoplastic colon lesions
- These gene mutations are very specific: GC → AT transitions
- The GST T1-1 enzyme required for the pathway is present in humans; it is polymorphically expressed in people
  - Human enzyme expressed in urinary and GI tracts
  - Expression may determine susceptibility

### Revertants produced in Salmonella TA1535 (+)GST and (-)GST with BDCM and chloroform

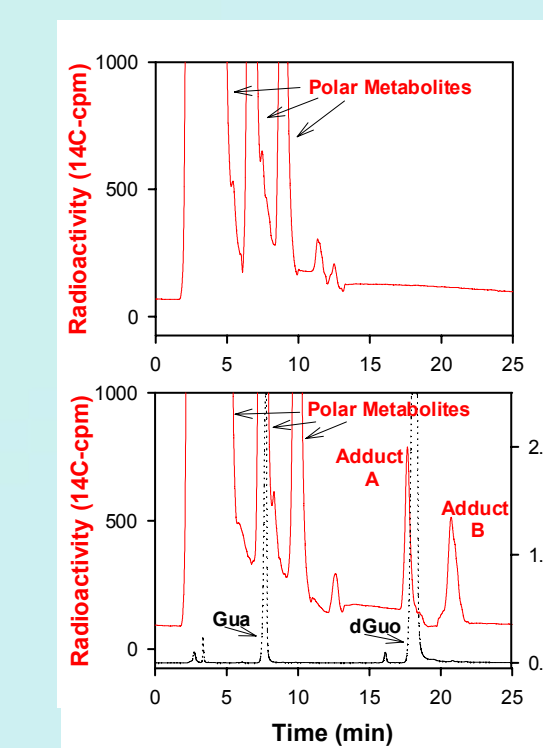


### GST T1-1-Dependent DNA Binding by BDCM



- Hydroxyapatite chromatography demonstrated that DNA was covalently modified *in vitro* by GST theta-mediated metabolism of <sup>14</sup>C-BDCM.

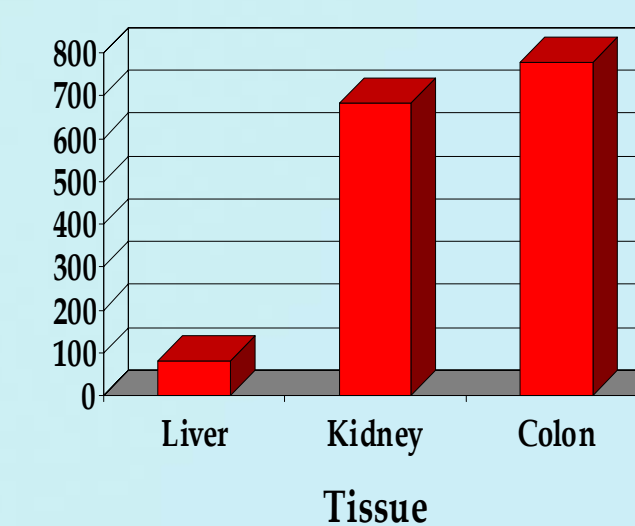
### GST T1-1-Catalyzed Formation Of Deoxyguanosine Adducts



- Formation of adducts A and B was dependent on the presence of dGuo and GSH; adduct B was completely dependent on GST T1-1.

### Relative Activities (nmol/min/g) of GST T1-1 and CYP2E1 in Different Tissues of the Rat

#### Ratio of GST-theta and CYP2E1 Activities



- This graph demonstrates that higher ratios of GST theta:CYP2E1 activities are found in the cancer target tissues (kidney and colon) for BDCM in rats than in the liver, where no cancers were induced by BDCM.

## SUMMARY

- A PBPK model for BDCM has been developed that will be further parameterized and calibrated for humans using *in vivo* and *in vitro* human pharmacokinetic data.
- Human volunteer studies have demonstrated that much higher blood levels of BDCM occurred following dermal exposures than after drinking water exposures.
- New enzymes have been shown to metabolize BrTHMs. These include CYP1A2, CYP3A4, CYP2A6, and GST T1-1.
- A genotoxic metabolic pathway for BrTHMs has been discovered that is mediated by glutathione S-transferase theta 1-1. This pathway produces intermediates that covalently bind DNA (specifically producing deoxyguanosine adducts), thus leading to gene mutations.
- Similar kinetics of CYP2E1- and GST T1-1-mediated BDCM metabolism in rats and humans suggest that the rat is a relevant animal model for BDCM.
- Recent findings suggest that the metabolites derived from BrTHMs via the GST pathway are more mutagenic than those produced by methylene chloride. The rate of BrTHM-GSH conjugation is, however, less than that of methylene chloride. Additional metabolites have now been identified as products of BrTHM-GSH reactions, including *S-formyl*-GSH and formate.
- Target tissues for BDCM-induced carcinomas have higher ratios of GST T1-1:CYP2E1 activity.

## IMPACT

- The PBPK model for bromodichloromethane can be used for interspecies, route-to-route, and high-to-low dose extrapolation for risk assessment. The generation of *in vivo* human data provides a unique opportunity to calibrate the model and test the predictive utility of kinetic parameters derived from *in vitro* experiments.
- Pharmacokinetic and mutagenicity findings indicate that the BrTHMs are of greater concern as potential human carcinogens than is chloroform.
- Brominated THMs are activated to mutagens by the GST T1-1 enzyme, which is polymorphically expressed in humans and may therefore be an important determinant of susceptibility to the genotoxic and potential carcinogenic effects of brominated THMs.

## FUTURE DIRECTIONS

- Development of a human PBPK model for BDCM using *in vitro* data to initially set kinetic parameters and the *in vivo* data to test and calibrate the model
- Assess DNA reactivity of the other brominated THMs
- Relate covalent modification of DNA by BrTHMs in cancer target tissues to metabolic rates
- BrTHM pharmacokinetic studies relevant to reproductive endpoints, including pregnancy loss in nonhuman primates
- Pharmacokinetic studies of nitrohalomethanes, a new potent genotoxic class of DBPs generated by chloramination

